



## Rapid RLS symptom relief that lasts<sup>5</sup>

- ✓ Non-invasive, drug-free wearable therapy
- ✓ Relief from symptoms in just 30 minutes<sup>8</sup>
- ✓ Personalized, adjustable, and sleep compatible

8. Buchfuhrer MJ et al. *J Clin Sleep Med*. 2021;17(8):1685-1694.

Visit [www.NidraRLS.com](http://www.NidraRLS.com) to discover how you can reclaim your nights!



### INDICATION

The NTX100 Tonic Motor Activation (TOMAC) System is intended to reduce symptoms of primary moderate-severe Restless Legs Syndrome and to improve sleep quality in adults refractory to medications.\*

### IMPORTANT SAFETY INFORMATION

#### Contraindications

Nidra is contraindicated for use in patients with the following:

- Diagnosis of epilepsy or other seizure disorder
- Active medical device implant anywhere in the body, including but not limited to pacemakers, spinal cord stimulators, deep brain stimulators
- Metal implant in the leg at the therapy site (not including knee replacements)
- Known allergy to device materials (or severe previous reaction to medical adhesives or bandages)
- Cellulitis, open sores, or injury at or near the location of therapy device application

The device cannot be used while driving, operating machinery, or during any activity in which electrical stimulation can put the patient at risk of injury.

#### Potential Complications

There is a potential for the following side effects, which are typically mild to moderate and resolve over time:

- Mild skin irritation from use of adhesives
  - Temporary interference with sleep while wearing the device. For some people, the device may be uncomfortable. For others, the device may interfere with preferred sleep positions
- Proper use of the device as described in the Instructions for Use can help reduce or prevent the following complications:
- Discomfort, paresthesia (tingling or prickling sensation), or otherwise irritating or uncomfortable sensations during treatment. This risk is reduced by adjusting the stimulation intensity

For additional information, please see the full Instructions for Use.

**Rx Only.** Caution: Federal law restricts this device to sale by or on the order of a medical professional.

\*FDA De Novo Number DEN220059

MKT-5 Rev2.0



# nidra™

## Not *another* pill. Just proven RLS relief.

Nidra is the first and only **drug-free** therapy that is **clinically proven** to reduce symptoms of Restless Legs Syndrome (RLS).

☎ 866-EASE-RLS  
✉ [support@noctrixhealth.com](mailto:support@noctrixhealth.com)



## What is RLS?

Restless Legs Syndrome (RLS) is a common neurological sleep condition that can cause intense discomfort, resulting in an uncontrollable urge to move the legs and an inability to fall and stay asleep.

**50%–70%**  
of people on the leading prescription drug therapy **still experience** worsening symptoms.<sup>1</sup>

➤ **50%** of people treated with dopamine agonists required a notable escalation in dosage within 10 years of starting treatment.<sup>1,2</sup>

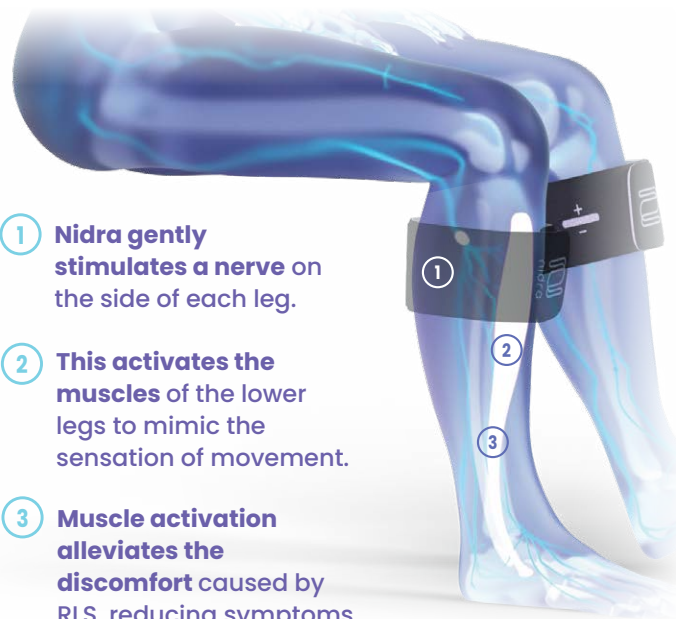
➤ **50%** of people treated with dopamine agonists are eventually prescribed off-label opioids to manage their symptoms.<sup>3</sup>

➤ **25%** of people on FDA-approved gabapentinoids report increased daytime sleepiness.<sup>4</sup>

1. Lipford M, et al. *Sleep Med.* Dec 2012;13(10). 2. Silver N, et al. *Sleep Med.* May 2011;12(5). 3. Meyers J, et al. *Manag Care.* Oct 2012;21(10). 4. Kushida CA, et al. *Neurology Journal.* Feb 2009;72(5).

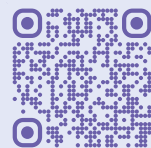
## How does Nidra work?

Nidra uses a novel technology called Tonic Motor Activation (TOMAC) to stimulate the nervous system and reduce RLS symptoms.\*



- 1 Nidra gently stimulates a nerve on the side of each leg.
- 2 This activates the muscles of the lower legs to mimic the sensation of movement.
- 3 Muscle activation alleviates the discomfort caused by RLS, reducing symptoms and improving sleep.

By simulating your body's natural movements, Nidra provides **rapid RLS symptom relief that lasts.**<sup>5</sup>



Scan to learn more about this new RLS therapy

\* In adults with primary, moderate-severe RLS who are resistant to medications. 5. Roy A, et al. *Sleep.* 2023;46(10).

## Clinically-proven relief

The safety and efficacy of Nidra was evaluated in people with primary moderate-severe RLS who are resistant to medications.†

✓ **82%** of people reported symptom relief during or after a 30-minute treatment<sup>6</sup>

✓ **0** serious side effects  
No serious device-related adverse events reported at 6+ months<sup>† 5,7</sup>

✓ **11.7** additional days symptom-free per month<sup>5</sup>



Reclaim your nights with Nidra

† Safety and efficacy were determined based on enrollment of 133 participants in the RESTFUL study and 44 participants in the 6-month extension study. 6. Noctrix Health. Data on File. CL-10 Report, Analysis of acute relief from NTX100 TOMAC. 7. Bogan RK, et al. *Sleep.* 2023;46(10).