



# Your journey to RLS relief starts with 3 easy steps

1

Get your **Nidra** prescription

2

Meet with a **trained specialist** to personalize your Nidra therapy

3

Turn Nidra on to experience on-demand **RLS relief**

## Noctrix will support you every step of the way!

- Training, onboarding, and support with your own dedicated Therapy Support Specialist
- Assistance with insurance approvals and appeals
- 3-year warranty and a 45-day return policy



Visit [www.NidraRLS.com](http://www.NidraRLS.com) to discover how you can reclaim your nights!

### INDICATION

The NTX150 Tonic Motor Activation (TOMAC) System is intended to reduce symptoms of primary moderate-severe Restless Legs Syndrome and to improve sleep quality in adults refractory to medications.

### IMPORTANT SAFETY INFORMATION

#### Contraindications

Nidra is contraindicated for use in patients with the following:

- Diagnosis of epilepsy or other seizure disorder
- Active medical device implant anywhere in the body, including but not limited to pacemakers, spinal cord stimulators, deep brain stimulators
- Metal implant in the leg at the therapy site (not including knee replacements)
- Known allergy to device materials (or severe previous reaction to medical adhesives or bandages)
- Cellulitis, open sores, or injury at or near the location of therapy device application

The device cannot be used while driving, operating machinery, or during any activity in which electrical stimulation can put the patient at risk of injury.

#### Potential Complications

There is a potential for the following side effects, which are typically mild to moderate and resolve over time:

- Mild skin irritation from use of adhesives
- Temporary interference with sleep while wearing the device. For some people, the device may be uncomfortable. For others, the device may interfere with preferred sleep positions

Proper use of the device as described in the Instructions for Use can help reduce or prevent the following complications:

- Discomfort, paresthesia (tingling or prickling sensation), or otherwise irritating or uncomfortable sensations during treatment. This risk is reduced by adjusting the stimulation intensity

For additional information, please see the full Instructions for Use.

**Rx Only.** Caution: Federal law restricts this device to sale by or on the order of a medical professional.

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MKT-5 Rev 3.0

866-EASE-RLS

support@noctrixhealth.com



Not *another* pill.  
Just proven RLS relief.



Nidra is the first and only drug-free therapy that is clinically proven to reduce symptoms of Restless Legs Syndrome



# What is RLS?

Restless Legs Syndrome (RLS) is a condition that can cause intense discomfort, resulting in an uncontrollable urge to move the legs and an inability to fall asleep.

# 50% - 70%

of people on the leading prescription drug therapy still experience worsening symptoms.<sup>1</sup>



## RLS Treatment Challenges

- ✓ RLS symptoms can be unpredictable and worsen over time.
- ✓ There are limited treatment options.
- ✓ Existing RLS drug therapies can lead to **serious medication related side effects**, including the worsening of RLS symptoms.

# How does Nidra work?

Nidra uses a novel technology to activate your nerves, providing the same relief that you would experience with voluntary movement without causing the legs to move or twitch.



- 1 Nidra **gently stimulates** a nerve on the side of each leg.
- 2 This sends a neural signal to **activate the muscles** of the lower legs.



“With the addition of **Nidra**, I’m under the best control that I’ve been in 30+ years.”

**Dr. Stephen Axelrode**  
Diagnosed with RLS in 1991.  
Nidra user since 2023.

<sup>1</sup> Lipford M, et al. Sleep Med. Dec 2012;13(10).  
<sup>2</sup> Bogan RK, et al. Sleep. July 2023;46(10).  
<sup>3</sup> Roy A, et al. Sleep. July 2023;46(10).

# Clinically-proven relief

The safety and efficacy of Nidra was evaluated in adults with primary moderate-severe RLS who get insufficient relief with medication.

**91%** of patients experienced improvements in RLS symptoms<sup>2</sup>

**11.7 additional days** symptom-free per month<sup>3</sup>

**No risk of** medication-related side effects

Nidra provides **effective RLS relief** with the touch of a button.

